

# Summary of Nutrition Risk Revisions – ID WIC Program: Effective Oct. 1, 2016

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## **RISK 201 LOW HEMOGLOBIN/LOW HEMATOCRIT:**

Revised the risk definition and clarification (minor changes):

- **No change to how WISPr automatically assigns** the risk based on entering hemoglobin and smoking status.

## **RISK 332 CLOSELY SPACED PREGNANCY:**

Revised the risk title, definition, justification, clarification, and references:

- Title changed to **332 SHORT INTERPREGNANCY INTERVAL**.
- Definition for assigning 332 changed from **less than 16 months to less than 18 months** between delivery of a live birth and conception of a subsequent pregnancy.
- Definition was changed to be specific to live births only (**doesn't include miscarriages, stillbirths, abortions**).
- Use *321 History of Fetal or Neonatal Loss* for pregnancies that didn't result in a live birth (miscarriage, stillbirth).
- This risk is **automatically assigned in WISPr** when entering previous pregnancy date and birth outcome.

## **RISK 425 INNAPROPRIATE NUTRITION PRACTICES FOR CHILDREN:**

Revised the risk definition, justification and references:

- The definition was **expanded to add unfortified goat's milk and unfortified sheep's milk** to the list of beverages considered to be an inappropriate primary milk source for children.
- The risk **continues to be manually assigned in WISPr** as before.
- **Goat's milk can still be provided for children with RD approval** and 425.1 won't be assigned (because the goat's milk WIC provides, Meyenberg brand, is fortified).

## **RISK 601 BREASTFEEDING MOTHER OF INFANT AT NUTRITIONAL RISK:**

Revised the risk category and priority:

- The **category pregnant women (priorities 1, 2, or 4)** was added.
- **Assign 601 for all pregnant breastfeeding women (except when 702 Breastfeeding Infant of Mom at Nutritional Risk is being assigned for the breastfeeding infant).**
- Risk 601 is assigned to postpartum breastfeeding women in the same way: **Assign 601 for all postpartum breastfeeding women (except when 702 Breastfeeding Infant of Mom at Nutritional Risk is being assigned for the breastfeeding infant).**
- **In WISPr, manually assign** the risk using the **certification check function** nutrition risk list.
- **No RD referral is required for pregnant breastfeeding women with 601**, however 338 *Pregnant and Breastfeeding* requires referral to a Registered Dietitian or Breastfeeding Coordinator.

## **RISK 602 BREASTFEEDING COMPLICATIONS WOMEN:**

Revised the risk title, category, priority and justification:

- Title changed to **602 BREASTFEEDING COMPLICATIONS OR POTENTIAL COMPLICATIONS WOMEN**.
- The **category pregnant women (priority 1)** was added.
- **Assign 602 for a pregnant woman when she is breastfeeding and having breastfeeding complications or potential complications** (severe engorgement, recurrent plugged ducts, mastitis, flat or inverted nipples, cracked/bleeding nipples, severely sore nipples, woman over age 40, or tandem nursing 2 siblings).
- 602 is **manually assigned for pregnant women in WISPr** using one of the following as applicable:
  - the nutrition assessment interview **health/medical question #2**: "Tell me about any health or medical concerns you are having?"
  - the nutrition assessment interview **nutrition/health question #9**: "Would you like to learn more about breastfeeding?"
  - the **certification check function** nutrition risk list.
- 602 requires **referral to a Breastfeeding Coordinator or lactation educator**.